

How you can help

There is growing evidence of the disproportionate degree to which the COVID-19 pandemic is affecting people of color and the most vulnerable among us. As a group that is promoting amity (friendship) across difference, we want to share a few opportunities to help those in our surrounding communities. Please let us know of others and we will share.

Open Table – Maynard and Concord

Open Table's mission is to address hunger in our local community by providing healthy food in a welcoming environment while respecting the dignity of those served. Although community meals are currently suspended during this crisis, Open Table is implementing "drive-thru" pantry service. For ways to help, check the website: <https://www.opentable.org/>.

The Pearl Street Cupboard & Café – Framingham

Marlborough Community Cupboard – Marlborough

WHEAT Community Connections – Clinton

These three food pantries run by the United Way of

Tri-County are all experiencing a sharp increase in the number of new clients registering for help and have pledged to remain open to meet the need. Many of the new clients are applying for assistance for the first time in their lives. Learn more by visiting <https://www.uwotc.org/food>.

Metrowest Immigrant Solidarity Network (MISN) - Canasta Solidaria (Solidarity Basket) – Framingham and Milton

MISN provides food and financial assistance to our immigrant neighbors who are unable to apply for unemployment. All donations go directly to our neighbors. For more information and ways to donate, click on this link:

https://fundrazr.com/e1dIN3?ref=sh_3800Wc_ab_7UwVYICgPbn7UwVYICgPbn.

One Chelsea Fund – Chelsea

The One Chelsea Fund helps families and individuals who are severely impacted by the COVID-19 pandemic. The Fund was established by Chelsea community leaders, in partnership with The United Way of Massachusetts Bay and Merrimack Valley. For more information and ways to donate, check the website: <https://unitedwaymassbay.org/covid-19/local-funds/chelsea/>.

Gifts of Hope Unlimited – Sudbury

During the COVID-19 pandemic, incidents of domestic violence have been on the rise. Gifts of Hope Unlimited provides individuals and families escaping domestic violence with the furniture, food, and financial assistance that they need to begin new, safe lives. Learn more and support their mission at www.giftsofhopeunlimited.org.

RIA House – Framingham

RIA House continues to support exploited women during the COVID-19 pandemic. Their free, virtual support line is open and ready to listen without judgment. Learn more about their services and how you can help at www.riahouse.org.

Dignity Matters – Framingham

"Periods don't stop for pandemics... and neither does Dignity Matters." During the COVID-19 pandemic, Dignity Matters has continued to serve the 4,000 women per month they were serving prior to the pandemic, and they have provided 3 months of supplies for an additional 4,000 women/families. Dignity Matters is working with MEMA and local organizations across Massachusetts to ensure that women have access to the supplies that they need. Learn more about how you can help by visiting <https://www.dignity-matters.org/covid19/>.

Asian Americans Advancing Justice – U.S.

As you may be aware, there has been an increased number of incidents involving Asian or Asian-American people as a result of COVID-19. Share your story and read the stories of others at <https://www.standagainsthatred.org/stories> then view the COVID-19 resources and learn how you can help at <https://advancingjustice-aajc.org/covid19>.

Hollaback! – Global

Hollaback! offers bystander intervention training to stop anti-Asian/American and xenophobic harassment. To see their offerings and sign up, visit https://www.ihollaback.org/bystanderintervention/?fbclid=IwAR0kWCE-gCsC1AgSkN9Ek3Pr_q46mY3uB8AS8c9zphz-dQO5-dTVbTNsr8o.