

Race Amity Task Force
Discussion on Conversation Around Race, Racism and Privilege
December 8, 2019 Meeting

Race Amity Task Force Discussion Objectives:

- To examine the history of race and its influence on current events
- To recognize the factors and barriers to having difficult conversations about race, racism and privilege.
- To understand why it is important to have conversations about race, racism and privilege
- To develop strategies and tools for having conversations about race, racism and privilege

Ice breaker- Messages both caught and taught

Think about when you were growing up and what were some of the things you were taught about people who were different than you.

I was taught.....

Institutional Racism (6 minutes)

https://projects.seattletimes.com/2016/under-our-skin/#institutional_racism

Did any of these examples surprise you? What do you think are the lasting effects of these examples? what messages do they send

Racism is real <https://www.youtube.com/watch?v=fTcSVQJ2h8g> Any additional thoughts on these new examples?

I Remember...

Think of a time when you became aware that race/discrimination was a factor

What did you feel? What lessons did you learn? Were these lessons truthful? How did you respond to learning that what you were taught was not really the truth?

Kinda Racist: Try Diet Racism <https://www.youtube.com/watch?v=xdyin6uipy4&feature=youtu.be>

Left/Hand Right/Hand

- Count how many times you are on left then how many on the right
- What other examples would you add to this list?
- Can you remember a time when you first noticed an example of a privilege you have?
- How can you use your privilege to be an ally to others?
- What do you need from your allies?
- What do you want people to know about your group, and/or what do you never want to hear said about your group?

Microaggressions

<https://projects.seattletimes.com/2016/under-our-skin/#microaggression>

Revisit your responses to the left/hand right hand activity.

Were there times you were on the left where you were subjected to a microaggression?

What was it and how did it make you feel?

Share examples of Microaggressions that someone said to you and/or ones you might have said to others

Beginning to speak up as an ally responding to microaggression

In the large group invite participants to share examples of when they may have witnessed a microaggression and how they responded (or how they wish they would have responded)

Self Reflection - Did these conversations help you to think about something you had not thought about before?